TOPICS OF INTEREST-TO EVERY WOMAN

EDITED BY JULIA CHANDLER MANZ

The newest for street wear, says the

Dry Goods Economist, are the coat dresses, the modified drapery styles, the ong-waisted peasant models, the Rus-

sian blouses, and the bolero jackets, to-

usion on street dresses of all grades.

Asparagus in Pepper Rings.

FOR A YOUNG GIRL.

6179

This natty coat suit will be suitable for

國

TEAMWORK.

By FRANCES SHAFFER.

Do you know that it is a mighty fine thing to be trained to teamwork?

For if not trained, or not taught by the easy way of nature, there are hard days of awakening ahead.

Because it does not so much matter whether one's way turns to the great outside world, where all sorts of human characteristics are mixed in a merry jumble, or whether it stops in the home, teamwork plays an important part in the scheme of life.

If one knows how to work and to live in piesannt harness with others, and is no less willing to give than to receive consideration, there is likely to be easy, comfortable going. But if all the lessons in early years have been along the lines of self, there are certain to be breakers alkead. And sometimes the knowing how or the failure to learn make all the difference between success and failure.

It is often the fate of an only child to remain unschooled in this useful art, and there is nothing to show him what he has missed until school days begin. And then the lessons come thick and fast. They come, but even then they do not, unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is some one at home to tell him his schoolmates are right, or unless there is the saving grace of common sense back in his little head.

But when a child has grown pleasantly used to thinking himself surrement.

unless there is some one at home to tell him his schoolmates are right, or unless there is the saving grace of common sense back in his little head.

But when a child has grown pleasantly used to thinking himself supreme, it takes more than one shock to bring a real awakening. And, as the shocks come, one by one, they either develop and strengthen or leave him futilely protesting. If he is willing to take his lessons like the little man be ought to be, content to play in easy harness and to follow his work at school in the same comfortable fashion, he will soon outgrow the excessive weakness for self and will be as ready for teamwork as are his boy and girl companions.

But if, as it sometimes happens, he will not play in harmony and will not play in case of ignition, its weight causes the candle whether one follows the comfortable rules governing teamwork or whether one pulls so variantly and.

Street Dreases.

of the day whether one follows the comfortable rules governing teamwork or whether one pulls so variantly and discordantly for self alone, that it makes hard going for others who try to pull together. For the majerity of folk must work with others, must come into contact with varying minds and as varying hearts, and then the thing that counts to to know how to work together. know how to work together

gether with a wide variety of simpler designs, which depend largely for their striking effects on the sashes, belts, col-lars, curfs, or vestees. Belts of leather, fancy cloth, metal, or silk appear in pro-And those early habits drift back to the home where, of all places on earth.

BUST DEVELOPED Remove the seeds from green peppers. Cut rings one-quarter of an inch wide and slip through them asparagus stalks, canned or freshly cooked. Serve with cold French dressing. ONE OUNCE A DAY



Judge from my picture as to the truth of what I say to you—that the crowning feminine attribute is a bust of beautiful proportions, firmness, and exquisite development. Then ask yourself how much you would like to have such a photograph of yourself, showing the glory of womanhood, with its lines of infinite charm and grace. It would be worth far more than a two-cent stamp, would it not? Then let me give you my message—let me tell you of what I have learned, and let me give you recent pictures of myself to prove what I say—for if you will write me today

I Will Tell You How—FREE

I will tell you gladly and willingly. Why should any woman neglect an opportunity to escape the pain and heartache of being skinny, scrawny, angular, and unattractive in body? Misery is not our heritage. Nature planned that you—a woman—should have the rich, pulsing lines of warm, living flesh molded after the mother of us all, the description of whom perfumes our sacred literature with love and admiration for the divinity of woman's form. For why should there he that pittful aspect—the face of a woman and the form of a man? This natty coat suit will be suitable for either a young miss or for a small woman, the style being equally adapted to both. The coat preserves some of the blouse features, hanging straight in front and having a little fulness in the back. This is held in by a half belt at the waist line across the back, one of the season's novelties. The long opening of the neck is finished with a shawl collar, and the full length sleeves are made without a cuff.

Write to Me To-day

I don't care how fallen, or flaccid, or undeveloped your bust now is—I want to tell you of a simple home method—I want to tell you how you can gain perfect development one ounce a day. No physical culture—no massage, foolish baths, or paste—no plasters, masks, or injurious injections—I want to tell you of an absolutely new method, never before offered or tole about—insuring immediate success and permanent beauty.

Send No Money

Just write me a letter—address it to me personally—that's all. I will answer it by return mail—and you can develop your bust one ounce a day—you can be what you want to be. Believe me when I say that you will bless me through years of happiness for pointing the way to you and telling you what I know. Please send your letter today to the following address: MRS. LOUISE INGRAM Sutte 210-506 Madison St., Tolede, Ohio

SALE OF SAMPLE CORSETS FROM MADAME PFEIL At 25% Reduction

We have a number of samples of these cele-brated Cornets, all in the trim, straight new models that prevail this spring. A chance to use on the finnet Cornets made.

Apt, 64, the Carolina.

BOY'S NORFOLK SUIT.



The Norfolk model is one which never goes out of style, but which returns to us with slight variations. The suit illustrated herewith has a rather long coat trated herewith has a rather long coat made with a deep square yoke and with two tucks on each side of the back and also of the front. The neck is simply finished with the usual notch collar and small sharp revers. Knickerbocker trousers are provided with this suit, which is very manly and up-to-date. Any good wooien material can be used for a Norfolk suft and khaki, is also liked by little ones in warm weather.

The suit pakera. No. 6190, is cut in sizes, 6, 5, 10 and 12 years. To make it in the medium size requires 3 1-8 yards of 22-inch goods.

The "Sistine Madonna" was painted by Raphael some time between 1508 and 1530 for the Benedictine Monks of St. Sixtus. It hung for 236 years in the Church

27-inch goods.

The pattern can be obtained by sending 10 cents to the pattern department of The Washington Herald.

HOME HELPS.

Rag rugs made of cotton wash well. These are inexpensive and are often just the thing for the kitchen, as well as other parts of the house.

To keep leather from cracking add a drop or two of neatsfoot oll to the shoe dressing you use upon it. This oil is also fine to use on damp boots or shoes. Shoes will keep in good condition much longer if they are kept on trees.

Chessecioth, hemmed, makes excellent pantry cloths for glassware and fine china. It is practical (after being washed) also for traveling purposes, since it is cheap enough to be thrown away after

When preparing walnuts for cakes, cookles, or bread, cut out dark centers to remove bitterness.

When baking anything with sour milk and soda, add about one teaspoon of baking powder, which greatly improves

and formed into tiny baskets. The Scissors in the Kitchen.

A pair of scissors in the kitchen are of invaluable assistance—not the lamp scissors or the dull pair that is black with age, nor the garden pair, nor yet those with the missing points, but a new, which had been freshly dampened by Scissors in the Kitchen. age, nor the garden pair, nor yet those with the missing points, but a new, sharp, shiny pair that will cut. It is a difficult matter, for instance, to

with the missing points, but a new, which had been freshly dampened by the hostess so that its fragrance and toolness might be fully appreciated. For entertainment there were several incidentally, makes a hole in the fruit through which the juice drips onto the plate. Not so with the scissors. A snip, a pull, and there it is without trouble or mutilation.

And bacon! How few women can slice off the legs of a lobster, in breaking every morsel can be quickly pared away without a vestige of waste. In cutting off the legs of a lobster, in breaking off the legs of a lobster, in breaking off the legs of a lobster, in breaking off the seissors will do the work uncomplainingly without the aid of the hammer and ice pick.

In preparing vegetables they are incomparable. Try them in cutting the roots from spinach, shaping flowerets of cauliflower, and cutting up asparagus. Dice up the pineapple with them, cut up the meat and fish for salads, remove the veins from shrimps, use them for the fish fins and save your fingers.

With a sandalwood fan from India, which had been freshly dampened by the hostess so that its fragrance and coolness might be fully appreciated. For entertainment there were several "fan smiss." In one of these games, the guests were seated facing each other una given palm-leaf fans with long handless. A rubber ball was tossed up by the hostess, which was then to be lossed to her was out of the game and had to vacate he; seat. The two that succeeded in keeping their seats the longest were considered the winners and presented with small prizes. One rule of the game was that they were not to rise from spiningly without the aid of the ham been freshly dampened by the hostess so that its fragrance and toolness might be fully appreciated.

For entertainment there were several "fan smiss." In one of these games, the guests were seated facing each other that the bottess were

To Air a Bed.

The proper way to air a bed, if you are opposed to removing the bedclothes from the bed, is to throw the sheets over from the bed, is to throw the sheets over as conscientiously as one washes the the footboard across a chair placed to face and hands and cleans the teeth. of the neck is finished with a snawl collar, and the full length sleeves are made without a cuff.

The skirt of this costume is a two-piece design. The lower edge of each gore is slightly extended and overlaps the other. The suit pattern, No. 6178, is cut in sizes 14, 18 and 18 years. Medium size requires 4 3-4 yards of 44-inch material with 5-8 of a yard of 27-inch contrasting goods to trim.

The pattern can be obtained by sending 16 cents to the pattern department of The Washington Herald.

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The pattern can be obtained by sending 16 cents to the pattern can be obtained by sending 17 cents to the pattern can be obtained by sending 18 cents the footon that the face and hands and cleans the teeth. It is necessary, however, that the hair the face and hands and cleans the teeth. It is necessary, however

OILCLOTH APRON PROTECTS CLOTHES AND LASTS LONG

An offcloth apron comes in very handy upon occasions. It may be tied over any other apron or dress, and insures them from being wet or soiled. The real soil of the apron comes directly in front, and if this could be saved much washing also could be saved. To make an oilcloth apron, get a yard of white table ollcloth, fold it diagonally and cut it exactly square; then from one corner of the diagonal fold round out a siece to fit the figure. This gives a pointed apron that comes well down in front and shorter over the nips, but large enough to form a good pro-tection to any garment underneath, says Farm and Fireside. The edges may be bound or cut out with a pinking iron. A braid binds the part which goes about the waist. A bib may be cut from the remaining oilcloth and braid loops may be sewed thereto, by which the bib may be pinned in place without injuring the olicloth. Such an apron lasts indefinitely. It may be wiped with a damp cloth, and so be easily cleaned, requires no ironing, looks plenty good enough for kitchen wear, and saves much work, as well as considerable wear on other aprons.

Another useful hint regarding aprons is to make them with flat seams and no raw edges. Then there will be no right or wrong side to a gingham apron, and it may be worn either side out.

Pictures We Love to Live With

"Learn One Thing Every Day." No. 1. THE SISTINE MADONNA-RAPHAEL

(Copyright, 1913, by The Associated Newspaper School, Inc.)

Madonna" of Raphael Sanzio.



It hung for 256 years in the Church of San Sisto, at Piacenza, and divine service was held before the picture every day during this time. It is now in the royal gallery at Dresden, which is visited every year by thousands of people who go to see Raphael's marvelous painting.

Through brushing every night and morning is also one of the greatest essen-

tials for the preservation of a healthy

hair out by the roots or break it, unless these precautions are taken.

Dry and brittle hair should not be shampooed oftener than once a month, or once every six weeks; oil should be applied to the roots of the hair about twice a week, parting the hair and dipping the finger tips into the oil; this is then applied directly to the scalp, being careful to avoid getting it on the hair.

After the hair has been dressed it may be perfumed in the following manner: Make a slik pad, which saturate with

be perfumed in the following manner:
Make a slik pad, which saturate with
your favorite perfume. This passed
lightly over the hair will overcome any
odor which the hair has absorbed from
the atmosphere or from perspiration.
The perfume bag can be carried with
one, and the application of the perfume
be made most any time without attracting any undue attention.

Maple Pariait.

Beat four eggs slightly, pour on slowly one cup of hot maple strup. Cook in double boiler until very thick, stirring constantly. Strain and cool, then add one pint of cream, beaten stiff. Mold, pack in sait and ice and let stand three

Fan Party Gives Entertainment

The invitations for a fan party were amusement was the spinning of summer

written and sent out on tiny Japanese tales. Each guest was asked to tell a fans. The reception room was beauti-

out of palm leaf and sweet grass fans, ned vigorously by the guests, or, if she

suspended from the picture railing and stopped before the three minutes were filled with flowers and gracefully droop- up she was fanned the remainder of the

ing vines and ferns; these fans had been time. Some preferred being fanned soaked in water, then bent in form of three minutes to telling a story. Others

cornucopias, wall-packets, and such like again kept the fans idle.

holders, large bows of ribbon being tied to the handles of the fans by which to table provided with scissors, paste, and suspend them. The disinger-room was

to the handles of the fans by which to suspend them. The dining-room was decorated with a frieze of fans arranged along the plate rail; these fans were an assortment of shapes and sizes, but were not expensive, and the effect produced was delightful.

The centerpiece for the table was made for the most artistic fan produced and by using a shallow oblong basket for the most artistic fan produced and by using a shallow oblong basket for

fully decorated with flower holders made for a second in the telling she was

In the throne room of the royal palace at Dreaden, in the year 1754, stood a great crowd of people. They talked in whispers. On the throne itself sat Augustus IFI, King of Poland. Suddenly there was a stir, the crowd opened and a large painting was borne before the King. Augustus sprang up, pushed the throne aside, and cried:

"Reom for the great Raphaei!"

And well might even a king make room for that picture, for it was the "Sistine he cartain of the artist's bed, through which he saw the vision from which he painted the picture.

which he saw the vision from which he painted the picture.

The city of Urbino, one of the centers of art and intellect in Italy at that period, saw the birth of Raphael Sansio on March 28, 1683. At the age of nineteen he began to make paintings. He soon sprang into popularity, He had advantages of birth, charm of appearance and disposition, receptivity, adaptability, application, and an early and easy mastery of technic. He was a favorite wherever he went. Very different was the courtier Raphael from Michelangelo and Leonardo da Vinci, those sad and lonely men of genius.

There is a story that Michelangelo, meeting Raphael and his dependents on their way to the papal court one day, said to him, bitterly: "You walk like a sheriff with his posse." "And you," quickly answered Raphael, "like an executioner going to the scaffold."

Raphael died on Good Friday, April 6, 1520, at thirty-seven years of age, after an attack of fever which lasted only ten days.

Every day a different human Every day a different human interest atory will appear in The Washington Heraid. You can get a beautiful intaglio reproduction of the above picture, with five others, equally attractive, TxB½ inches in size, with this week's "Mentor." In "The Mentor" a well known authority covers the subject of the pictures and stories of the week. Readers of The Heraid and "The Mentor" will know Art, Literature, History, Science, and Travel, and own exquisite pictures. On sale at The Washington Heraid office. Price, 16 cents. Write today to Price, 16 cents. Write today to The Herald for bookiet explain-ing The Associated Newspaper School plan.

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April 24, 11 A. M.

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S. MOLTKE. April 19, 8:30 A. M. S. S. MOLTKE. June 3, 8:30 A. M.
S. S. HAMBURG....July 1, 3 P. M.
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EXCURSIONS.

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Madame La Fontaine's New and dainty preparation **BREATH OF ROSES**

To people in the most select circles: It matters not whether you have an offensive breath from a disordered stomach, or hadly decayed teeth. BREATH OF ROSES is an absolute remedy and all well-groomed ladies and gentlemen in Washington and vicinity should not be without it, or your toilet supply is not complete. No matter how well or expensively he or she may be gowned. complete. No matter how well or ex-pensively he or she may be gowned-an offensive breath detracts from it all, and is very disgusting and disagreeable not only to others, but to yourself, also.

Look to the care of your children's teeth while they are young, thus saving Dental Bills when they grow older. Have them use "Breath of Reses" as a mouth wash after each meal and on retiring, which will preserve their teeth and gums and give them a natural, sweet breath.

Especially of cigarettes. By using "Breath of Roses" as nasal douche each night and morning, you will find a great relief from that nauseous feeling, especially on arising, which comes from sleeping with your mouth open, causing your nostrils to be closed, and a coughing spell, and oftentimes you are unable to retain your food.

To Smokers.

To Young People Anticipating Marriage. Many a young man or woman who has possessed wealth, beauty, culture, and grace, has remained unmarried, simply because he or she had an OFFENSIVE BREATH.

Makes the Teeth White. It not only sweetens the breath, but removes the tartar from the teeth and makes them white and the gums a healthy plak color.

A Relief for Catarrh and Makes Breathing Easy.

BREATH OF ROSES Is mailed to you in a plain package with directions for using. It will last several weeks, and after one trial you will never permit yourself to be without it. It is absolutely meritorious. Try it. Price, \$1.00. Write 19-4ay.

Madame La Fontaine 2518 Archer Ave., Chicago, IL

raising. To prevent apples from turning dark while preparing ples, cakes, and puddings, squeeze a few drops of lemon julce over them. Add a few drops of turpentine to clothes while boiling and you will find that it improves the whitening. The best thing for cleaning tinware is common soda. Dampen a cloth, dip it in soda, rub the ware briskly, wash, and wipe dry. Having washed cut glass articles, let them dry and afterward rub them with prepared chalk, with a soft brush, carefully going into all the cavities. Scissors in the Kitches. Was delightful. The table was made by using a shallow oblong basket for the foundation, in which some wet sand and moss were concealed. Around the outside of the basket were fastened Japanese fans and the angles between them filled in with flowers ferns, and vines, which thalled over the edge of the receptacle. The cases for the ices were made out of paim-leaf fans that had been soaked in water until they could be cut, bent, and folded into unique shapes, held thus with a few stitches and tiny bows of ribbon; these cases were lined with waxed paper before the receptacles, for the journal of the work was interesting as well as remarkable. Breath of Roses Breath of Roses Breath of Roses The receptacles for the bonbons were made out of sweet-grass fans, soaked and formed into tiny baskets. The